

Treatment Monitor

For Urology patients on Apalutamide, Enzalutamide, Abiraterone or Darolutamide

What is Treatment Monitor?

Treatment Monitor is a secure online service that helps your care team to monitor your symptoms from the comfort of your own home. This is done through questionnaires and completing tasks about your symptoms, physical health and quality of life. You can complete the questionnaires and tasks in your MyMarsden account using your mobile, tablet, or computer.

Your care team will review your answers, helping them better understand how you're feeling and any concerns you may have about your treatment or wider health.

Please note, Treatment Monitor does not replace medical care. If you feel unwell in any way or are concerned about your symptoms, please contact The Royal Marsden Hotline on 020 8915 6899 or call 999 for medical emergencies.

Why use Treatment Monitor?

By completing Treatment Monitor, your care team will be able to keep track of your health regularly to help make your clinic visits more focused and productive, while also ensuring you receive timely advice on symptom management.

If you choose not to use Treatment Monitor, your care will not be affected.

How to get started using Treatment Monitor

We are currently using Treatment Monitor for a small number of conditions and treatment types. If you are eligible, your care team will sign you up to Treatment Monitor and you will receive questionnaires and tasks to complete through the MyMarsden patient portal. Tasks may include submitting your weight, blood pressure readings or confirming if you have had your bloods taken.

The questionnaires and tasks will appear in the "To Do" section of MyMarsden (under the MyMarsden main menu and click "To Do"). Please complete these as accurately and honestly as possible so your care team has a full understanding of how you are feeling.

Once you have completed the questionnaire and tasks, if your answers indicate that your symptoms might be concerning, you will receive advice to seek urgent medical attention. If your answers indicate that your symptoms do not require immediate attention, you may be provided with self-help advice or a message to contact your care team.

Your information will be stored within your secure Royal Marsden electronic patient record. We will use your data in line with our Privacy Policy which can be found at royalmarsden.nhs.uk/privacy. By submitting a questionnaire, you are agreeing for your information to be used and accessed in this way.

