The ROYAL MARSDEN
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Accessing Support: Private psychiatry



If you have private health insurance cover or wish to pay directly for a consultation with a psychiatrist, below is a list of organisations who may be able to offer you some support, as well as some resources that you may find helpful to read/listen to. The range and quality of services/support available from such organisations may vary. This list has been gathered as signposting only, and The Royal Marsden cannot guarantee the accuracy of the information provided by an organisation listed or the quality of their services.

Options include:

– If you are planning to use private health insurance, then your insurer may be able to provide a list of consultants approved under their terms and assist with a referral.

– Your GP may be able to suggest some local private providers.

– You could consider psychiatrists based at local private hospitals / clinics such as:

- Harley therapy (Harley Therapy Platform | Book Counselling & Psychotherapy Online)
- Parkside Hospital (www.parkside-hospital.co.uk)
- Psychiatry UK (https://www.psychiatry-uk.com)
- St Anthony's hospital (www.spirehealthcare.com/spire-st-anthonys-hospital/)
- The Priory (Greater London Mental Health - Priory (priorygroup.com))

For more information on psychiatrists or psychiatry, you can contact the Royal College of Psychiatrists via https://www.rcpsych.ac.uk or **020 8618 4000**.

Other APSS Information and Resources

The Adult Psychological Support Service has a range of signposting information sheets on topics such as: coping at different stages of the cancer pathway, supporting your physical and emotional wellbeing, relationships, and information specific to certain types of cancer.

You can view the signposting information sheets on The Royal Marsden's Patient Information Library and the Adult Psychological Support Service Website (under 'Further information and resources'). You can also request a copy of these by emailing Psychological.SupportAdmin@rmh.nhs.uk or telephoning **020 7808 2777** (Chelsea) / **020 8661 3006** (Sutton).

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