

## Medical Day Unit pre-treatment telephone clinic

Prior to your first visit to the Medical Day Unit, Chelsea, an appointment will be made for you for the pre-treatment clinic. You do not need to attend the hospital for this appointment as it will be done by telephone.

### Why do I need a pre-treatment telephone appointment?

This is a phone consultation in preparation for your first visit to the Medical Day Unit, Chelsea. It will be carried out by one of our experienced nurses working on the unit. It is an opportunity for the nursing team to introduce themselves and get to know you. We will discuss with you how you are feeling before your treatment starts and answer any questions you may have about your treatment, including how to manage any possible side effects.

### How long will my appointment take?

Your telephone appointment should last around 30 minutes. We aim to phone you during your appointment time however we can sometimes experience delays. We advise that you do not schedule any other appointments during the afternoon of your telephone appointment.

### Do I need to do anything before my pre-treatment appointment?

Before your telephone appointment, we require you to watch two videos. They will provide you with information on what to expect during your visit to the Medical Day Unit, as well as the general side effects that can occur with chemotherapy and how you can manage them. It will also explain how to access help if you need it.

You can access these videos by using the following links:

<https://patientinfolibrary.royalmarsden.nhs.uk/what-expect-your-visit-medical-day-unit-chelsea>

<https://patientinfolibrary.royalmarsden.nhs.uk/chemotherapy-information-patients-medical-day-unit-chelsea>

or by visiting The Royal Marsden website:

<https://patientinfolibrary.royalmarsden.nhs.uk/> and searching for 'Medical Day Unit' and selecting the first two video options. These videos should take just over 30 minutes to watch.

If you have any questions after watching these videos, please write them down so you can ask them during your pre-treatment telephone appointment.



### Contact details

If you have any questions or concerns regarding this appointment, then please contact the Medical Day Unit in Chelsea on 020 7808 2320.

