

*The* ROYAL MARSDEN  
Private Care

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# Pre-assessment

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**A guide for patients**  
General information



On occasion, either the pre-assessment nurse, consultant anaesthetist or your consultant surgeon may advise that you need a formal consultation with a consultant anaesthetist as an outpatient in the **High Risk Perioperative Assessment Clinic**. This is usually because you have a complex medical history; medical problems which require future evaluation and/or you are having major complex surgery.

The consultant anaesthetist's role will be to evaluate your medical conditions and fitness for surgery, and to discuss the risks associated with having an anaesthetic.

These consultations are approximately 45 minutes to one hour and we encourage you to bring a relative or friend. You may require further investigations (scans of your heart or an exercise fitness test) or an additional referral to another specialist (such as a cardiologist).

We will organise all of this for you. If you are recommended for a consultant led pre-assessment, it is vital that this takes place as it ensures you get the very best outcome following surgery, especially if the risks of serious complications are high.

In addition, if you would like to see a consultant anaesthetist in the **High Risk Perioperative Assessment Clinic** out of personal preference (but it is not deemed clinically necessary from a medical point of view), this can also be arranged.

It is important to note that you will meet a consultant anaesthetist on the day of surgery anyway, and most questions or concerns in these circumstances can be appropriately dealt with then.

All **High Risk Perioperative Assessment Clinic** appointments will be charged at a standard outpatient appointment charge. This includes all follow up and routine investigations.

If you are a self-pay patient, we will speak to you before the appointment and take payment. If you are an insured patient, we will make every attempt to obtain the fees from your insurer. However, in most instances insurers do not routinely cover the cost of these consultant led appointments. In these cases, you may have an excess or part of the bill to settle.

Should you require information in an alternative format, please contact The Royal Marsden Help Centre.

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## Contact details

Call us: +44 (0)20 7808 2491 or  
+44 (0)20 7808 2492

Write to us: Private Patient Accounts,  
The Royal Marsden,  
Fulham Road,  
London SW3 6JJ

Email: [PrivateCareAccounts@rmh.nhs.uk](mailto:PrivateCareAccounts@rmh.nhs.uk)

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### **Thank you for choosing The Royal Marsden Private Care to have your surgery.**

Prior to all surgery, you must have a nurse-led pre-operative assessment. This allows us to assess your medical status and fitness for surgery. It also provides you with important information about the day of surgery and what to expect. This assessment is conducted by a nurse and is included in the anaesthetic and surgical fee paid by you or your insurer, or as part of your surgical quote if you are self-funding your care. There is no extra charge to you for nurse-led assessment.

However it is important to note that this service does not include consultant-led assessment, which you may be charged extra for.

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## Contact Private Care

For more information please contact our Private Care Contact Centre on +44 (0)20 7811 8111, open Monday to Friday 8am–6pm.

You can also email [privatepatients@rmh.nhs.uk](mailto:privatepatients@rmh.nhs.uk) or visit us online at [royalmarsden.nhs.uk/private-care](http://royalmarsden.nhs.uk/private-care)

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