
Integrated Symptom
Control and Palliative
Care Team in the
Outpatient clinics

Patient Information



What is Integrated Symptom Control and Palliative Care?

There is growing evidence that good symptom control and palliative care, provided early on to patients with cancer, can improve care and quality of life. Our involvement in your outpatient clinic means that you can access high quality symptom control and supportive care, alongside active treatment of your cancer.

Integrated Symptom Control and Palliative Care is now recommended nationally and internationally.

What do we do?

Our Integrated Symptom Control and Palliative Care team works proactively and closely with the oncology teams in the outpatient clinics to provide symptom control, emotional and social support, alongside active treatment of your cancer.

We work together with the oncology teams and support services at The Royal Marsden and communicate closely with community-based symptom control and palliative care teams to ensure that everyone involved in your care is up to date. The therapies department, which includes physiotherapists, occupational therapists and dietitians, are happy for you to make contact if you feel you need more specialised support.

Information leaflets and patient videos can be accessed via the following link:

www.royalmarsden.nhs.uk/therapies

Coordinate My Care – Urgent Care Record

You will be invited to start creating a care plan, Coordinate My Care (CMC) if you live in the greater London area.

This is an electronic care plan which shares information about you and how you want be cared for in an emergency. You can create a personalised care plan with your doctor or nurse and the CMC team will share your plan with the professionals caring for you, when needed. Information and patient videos can be accessed via the following link:

www.coordinatemycare.co.uk

Questionnaire

Our team will carry out a detailed assessment of your needs using an assessment tool called IPOS (Integrated Palliative Outcome Scale).

This allows us to identify and address what is most important to you and your family.

Based on this assessment, our team will work with you to decide how best to address your needs.

Contact details

For any queries, please call:

Sutton 020 8642 6011 Ext 4427

CNS name: _____

Chelsea 020 7352 8171 Ext 4889

CNS name: _____

Monday to Friday, 9am–5pm (excluding bank holidays).

Outside of these hours, please call:

**The Royal Marsden Macmillan Hotline:
020 8915 6899**

(24 hours a day, 7 days a week)

References

This leaflet is evidence based wherever the appropriate evidence is available.

Details of the references used in writing this leaflet are available on request from:

The Royal Marsden Help Centre

Freephone: 0800 783 7176

Email: patientcentre@rmh.nhs.uk

No conflicts of interest were declared in the production of this leaflet.

Revised March 2022. Planned review March 2025
© The Royal Marsden NHS Foundation Trust PC-1695-03



Radiotherapy and
Chemotherapy Services
F538021 & F538022

