# The ROYAL MARSDEN

**NHS Foundation Trust** 

Patient information

## **Emergency guide – brain tumours**

This is a guide to the tumour-related signs and symptoms that your child may experience that require immediate action. Please remember this is only a guide. Other signs and symptoms not mentioned here should be discussed with your local team or The Royal Marsden advice lines.

Brain tumour type.....

Signs and symptoms	Action/contacts
Raised intracranial pressure There is a risk for all children/young people receiving	Urgent medical attention.
treatment for a brain tumour, of developing increased pressure within the brain. Symptoms include one or more of the following:	Attend shared care hospital or your nearest Accident and Emergency department (A&E).
<ul> <li>Sudden onset or severe headaches</li> <li>Becoming disorientated, excessively tired or less alert/responsive</li> <li>Persistent headaches occurring on most days, usually accompanied by vomiting and often waking up at night or occurring when they first wake up.</li> </ul>	
Seizures/major convulsive seizures - Crying out, stiffening and falling to the ground. Their arms and legs may jerk and they may go blue in the face.	Protect your child from injury. Remove objects that may cause harm. Cushion their head.  Position on their side in the recovery position as
If a convulsive seizure lasts for more than 5 minutes	soon as seizure passes.
Or, if one seizure follows another without them recovering in between	Call an ambulance (999) and get immediate help.
Or if they hurt themselves during a fall.	Do not try to stop the movements. Talk to your child gently and guide them away from danger.

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#### Focal seizures

- Jerking movements, odd sensations, feeling afraid or anxious, or dazed and confused
- Visual changes such as double vision
- Persistent headache (in the absence of any additional signs of raised intracranial pressure)
- Changes in mobility, such as falling over, imbalance
- Any new weakness in the arms of legs
- Any change in continence (control of urine and faeces)
- Personality changes
- Changes in speech.

Inform your CNS at The Royal Marsden or call the 24 hour advice line

## Temperature/unwell

This is also called sepsis and can be life threatening. It can lead to:

- Cold hands and feet
- Mottled skin
- Shivering.

Please be aware of the non-verbal signs/behaviour such as sleepiness and lethargy or you may feel your child is just 'not right'. It is very important you get your child assessed early.

Sepsis can occur even without a fever being present – please seek review if concerned.

Contact your local hospital.

If your child is or could be neutropenic (Neutrophil cells less than 0.5), treat this as an emergency and attend your shared care hospital or nearest Emergency department.

Or call your local hospital or The Royal Marsden advice line for immediate advice.

Avoid giving paracetamol.

### **Contact details**

Paediatric 24 hour telephone advice line: 0208 915 6248

If your child is under the **Adult** team only, they should contact

The Royal Marsden Macmillan Hotline: 020 8915 6899

(available 24 hours a day, 7 days a week)



